

# LEDOR & VADOR

Edgware & Hendon Reform Synagogue, 118 Stonegrove, Edgware, Middlesex, HA8 8AB

## FROM GENERATION TO GENERATION

### PRAGUE AND SOBESLAV

Read about our recent trip to Sobeslav, the home of our Czech Torah scroll, where members of the community visited historical sites and met wonderful people *Page 4*

### RENEW YOUR SOUL

Join us as we prepare for the High Holy Days with a morning of health and wellness including reflexology, yoga, a sound bath, and mini massage *Page 17*

### TOGETHER GROUPS

Introducing some new groups this Summer such as Creative Writing, and Knit & Knatter/Crochet & Kvetch *Page 10*

### THE NEW MACHZOR

You can make your mark on the new Machzor by dedicating a set for our Synagogue and celebrate this exciting moment *Page 19*



## CONTACT US

The normal office operating hours are Monday to Thursday 9:30-17:00, Friday 9:30-15:30, and Sundays 10:00-12:30. You are welcome to call or visit during these times. The office is not staffed on Shabbat and festivals. If you wish to see a specific member of staff, please call in advance to ensure that they are available. The telephone is operated during the normal office hours, 020 8238 1000. You can email to [admin@ehrs.uk](mailto:admin@ehrs.uk). Emails and messages will be checked during the normal operating hours. If you need to advise of a death or arrange a funeral, outside of the normal hours, please call the JJBS directly on 020 8989 5252. Please try to make any payments via the synagogue website at [www.ehrs.uk/](http://www.ehrs.uk/)

**payment**, via bank transfers or otherwise please phone to pay with a credit or debit cards. Please can we ask you not to send cheques and certainly please do not bring in (or send) cash.

### BEREAVEMENT

**During office hours:** in all cases of bereavement please contact June Lewis, the Clergy's Personal Assistant.

**Out of office hours:** in all cases of a bereavement outside office hours requiring a burial at any cemetery or cremation please call the Jewish Joint Burial Society on 020 8989 5252 and listen to their full message.

JJBS email [info@jewishfunerals.org.uk](mailto:info@jewishfunerals.org.uk)

### THE CLERGY

Our EHRS Clergy Team are always happy to hear from you, please contact their Personal Assistant, June Lewis on 020 8238 1002 or [june.lewis@ehrs.uk](mailto:june.lewis@ehrs.uk). You can contact them directly:

Rabbi Mark Goldsmith (Senior Rabbi)  
**020 8238 1020**, [rabbi.mark@ehrs.uk](mailto:rabbi.mark@ehrs.uk)

Rabbi Debbie Young-Somers  
**020 8238 1019**, [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk)

Rabbi Tanya Sakhnovich  
**020 8238 1018**, [rabbi.tanya@ehrs.uk](mailto:rabbi.tanya@ehrs.uk)

Cantor Tamara Wolfson  
**020 8238 1010**, [cantor.tamara@ehrs.uk](mailto:cantor.tamara@ehrs.uk)

Outside office hours our 24/7 EHRS Emergency Line is **07708 731862**, it will be answered by one of the Clergy Team.

## SOCIAL AND PERSONAL

**Have you Got News for Us? Whether it be a birth, anniversary or special birthday, please let us know so it can be announced. Please email [communications@ehrs.uk](mailto:communications@ehrs.uk)**

### BIRTHS

Theodore Peter Max, a son for Marc and Katie Tischler, a grandson for Annita Tischler.

Ariella, a daughter for Dan and Natalie Phillips, a sister for Lily and Clementine.

### BAR/BAT MITZVAH

**6 July** - William Laymond, son of Elizabeth and Spencer.

**24 August** - Benji Morris, son of Joanna and Neil.

### ENGAGEMENTS

Mazel Tov to Kerin and Adam Conn on the engagement of their daughter Emma to Lewis Woolfson, son of Lisa and Kevin Woolfson.

### AUFRUFS

**3 August** - Daniel Stern and Natasha Berg.

**10 August** - Elliott Allen and Justine Saville.

**24 August** - David Clucas and Liv Jones.

### MARRIAGES

Mazel Tov to Michael and Caroline Weber on the marriage of their daughter Dominique to Anthony Taieb son of Andre and Chantal.

### BIRTHDAYS

Mazel Tov to Melvin Gamp on his 95th birthday.

Mazel Tov to June Gilbert on her 90th birthday.

Mazel Tov to Shirley Cook on her 90th birthday.

Mazel Tov to Jane Langer on her 80th birthday.

Mazel Tov to Steven Lazarus on his 60th birthday.

Mazel Tov to Michael Weber on his 60th birthday.

### ANNIVERSARIES

Mazel Tov to Valerie and Johnny Lemer on their Golden Wedding Anniversary.

Mazel Tov to Rosalind and David Warshaw on their Ruby Wedding Anniversary.

### CONDOLENCES

To Jacqueline Zimmerman on the loss of her husband, Sidney Zimmerman.

To June Leader on the loss of her husband, and Ian Leader and Elaine Levy on the loss of their father, Alfred Leader.

To Robert Amstel on the loss of his wife, Sue Amstel.

To Murray Levene on the loss of his mother, Rita Levene.

To Nicole Diamond on the loss of her mother, Vera Price.

To Donna Bryk on the loss of her mother, Judy Simons.

To Sheree Oxenham on the loss of her mother, Doris Rosenberg.

To Hilary Greene on the loss of her brother, Alan Domb.

To Alan Weston on the loss of his sister, Patricia Helen Weston.

To the family of Ita Richards.

To the family of Jeanette Charin.

To the family of Margaret Breskal.

To the family of Gina Goldberg.

To the family of Milena Popper.

To the family of Philip Hyams.

To the family of Jeffrey Isaacs.

### TOMBSTONE CONSECRATIONS

**21 July** at Cheshunt Cemetery – 12:30 in memory of Janet Cohen.

at Edgwarebury Cemetery – 13:30 in memory of Howard Gold.

**25 August** at Cheshunt Cemetery – 11:45 in memory of David Golden.

**1 September** at Cheshunt Woodlands – 12:00 in memory of Cecil Freeman.

at Edgwarebury Cemetery – 12:30 in memory of Irene Dempsey.

### NEW MEMBERS:

A warm welcome is extended to the following new members of our community:

Daniel, Michelle, Mya and Zac Fabian.

Sasha, Heidi and Jett Edwards.

David Phillips and Naomi Ayrtton.

Raphael and Gillian Har-Ewen.

Natasha Lipman.

Lorraine Dean.

Alan Brompton.

Eli Judah.

Yvonne Stone.

Jeffrey Dean.

Adam Dean.

Charlie Shrank.

Serena Chan.

Hayley Hartnett.

Natasha Breindel.

## SERVICES

For Service Zoom details please see forthcoming Our Week Ahead emails, or email [admin@ehrs.uk](mailto:admin@ehrs.uk)

### Children's Shabbat Experiences:

We aim for there to be a special Shabbat experience for children pretty much every week at EHRS. Our Shabbat Shirah and Shabbat Club respectively on the second and fourth Shabbat each month, are especially created for children to enjoy.

On the first and third Shabbat, from 10:45-11:15 our clergy and educators run a Torah Time or Build a Bible sessions for any children that would like to join them. All are suitable for collecting CRP points for Jewish schools.

### Kuddle Up Shabbat

**Fridays 5 July & 2 August, 16:15-16:45**

Our special interactive Shabbat service for Primary aged children and their siblings. Songs, stories and activities. You can collect CRP points from attending. Early arrival is optional from 15.45. Come straight from school pick up, or just arrive early to play before the service. Selection of toys for the children and hot drinks available for the adults. In July our visitors from the Leo Baeck Education Center in Haifa, Yuval and Mika will be with us sharing a story from Israel. Our August Kuddle Up will be Kuddle Up Kaytana, where we will join our Summer Scheme children for a collective service.

### Erev Shabbat Service

**Every Friday Evening, 18:30-19:20**

Our Erev Shabbat Service takes place every Friday Evening. Led by our Clergy in person at our Synagogue and through the Livestream Classic Channel. They give a beautiful sense of rest and togetherness to help you to cope with the stresses of the world.

On **Friday 5 July** our service will include our Bar and Bat Mitzvah students presenting to the community their Gemilut Chassadim (Acts of Loving Kindness) Projects, and the D'var Torah will be given by Yuval Manor and Mika Mizrahi, students from the Leo Baeck Center in Haifa.

### Families Musical Service & Dinner

**Friday 19 July, 18:00-20:00**

We promise a special and memorable evening of fun and food, shared with other young Jewish families. The evening will consist of a musical family service led by Rabbi Tanya with our incredible Accapella Choir! Followed by a pizza & chips dinner and ice cream bar provided by EHRS. We just ask you to please bring a side dish to share. The dinner is perfect for families with children in school years 1-6 (younger and older siblings and extended family welcome). Please book at [www.ehrs.uk/event/families-fnd](http://www.ehrs.uk/event/families-fnd)

### Early Risers Service

**Saturday 13 July, 9:30-11:00**

This especially friendly service is mostly in Hebrew, uses nusach (traditional modes of

chant for the prayers), includes the Torah reading and Musaf and other features to create a participative experience, ending with a hospitable Kiddush. Led by members of congregation and Shaliach Tzibbur, Jeremy Harrod. Hosted by our Clergy.

### Shabbat Coffee Stop

**Saturdays 27 July & 24 August, 9:45-10:25**

Meet for tea, coffee and biscuits at our Shabbat Coffee Stop in the Lounge this Shabbat and then go into the Shul together. This could be especially helpful for those who are alone and who may be commemorating a Yahrzeit.

### Shabbat Morning Service 10:30-12:30

Our Shabbat Morning Service is held in the EHRS Beit Tefillah (sanctuary). The service is also available on the EHRS Livestream Classic Channel.

On **Saturday 6 July** our sermon will be given by our visitors from the Leo Baeck Education Center in Haifa, Yuval and Mika.

### Interfaith Service

**Saturday 13 July** - Our Classic service this week welcomes friends and neighbours from local faith communities. Members are welcome to bring their own interfaith friends to enjoy this special service, which will contain explanatory elements and will celebrate our interfaith friendships.

### Chumash Babies - A sensory Shabbat experience for your five senses

**Saturday 6 July, 10:30- 11:30**

This is a special Shabbat experience for our very youngest children, their parents, siblings and grandparents. It brings together baby sensory play and Jewish ways of experiencing the wonder of Shabbat for a delightful half hour with Cantor Tamara and Sarah Koster. See, hear, feel, taste and smell Shabbat with your baby! Followed by a Shabbat brunch to help us all get to know each other. Booking essential so that we cater properly! Please contact [sarah.koster@ehrs.uk](mailto:sarah.koster@ehrs.uk) or 020 8238 1025.

### Torah Time

**Saturdays 6 July & 3 August, 10:45-11:15**

Join us for this interactive storytelling experience with music and activities, on the first Shabbat of the month. Followed by a mini Kiddush and schmooze. This service is ideal for ages 4-10.

### Teen Schmooze - Saturday 13 July, 10:30-11:30

For everyone in school years 7 upwards. It's a Shabbat schmooze especially for you – talk, music and prayer together. With Rabbi Tanya.

### Shabbat Shirah

**Saturdays 13 July & 10 August, 11:15-12:15**

This is EHRS's Shabbat morning experience for 0-100's with rhythm in their souls, featuring a live band, an energetic Shabbat service suitable for children of all ages. Includes a Torah reading and the chance for everyone to participate in making the music. Led by our Clergy and Shlichei Tzibbur (prayer leaders).

If you play an instrument and would like to be part of the band let Rabbi Mark know at [rabi.mark@ehrs.uk](mailto:rabi.mark@ehrs.uk) so he can invite you in.

### Deep Torah Dive

**Saturday 20 July, 11:30-12:15**

Rabbi Mark enjoys translating Torah and trying to bring out the poetry of the Hebrew. In this parallel Torah reading experience we will work together on the meaning of this week's Parasha direct from the Hebrew to English. In person and on Zoom.

### Build a Bible

**Saturdays 20 July & 17 August, 10:45-11:15**

Get creative with all different types of construction to explore the week's Torah portion, on the 3rd Shabbat of the month. Followed by a mini Kiddush and schmooze. This service is ideal for ages 4-10.

### Shabbat Club and Birthday Blessings

**Saturdays 27 July & 24 August, 11:15-12:15**

Our Shabbat experience for up to 11 year olds to enjoy parasha and Shabbat themed activities, stories and songs. If it is your birthday this month, then at the end of the service in the Beit Tefillah (main Synagogue) we would love to celebrate with you with a birthday blessing just before Kiddush at 12:30.

### Erev Tisha B'Av Service and songs of loss & consolation

**Monday 12 August, 20:00-21:30**

On Tisha B'Av we commemorate the destruction of both temples, and many other Jewish disasters. We will share a candlelit service, with specially selected readings, moving music and the reading of the book of Eichah. Following the service we will also have the chance to explore the beautiful and moving songs that Jews and other peoples have created to console themselves after the toughest of national times, with Rabbi Mark and Cantor Tamara.

### Bark Mitzvah Service

**Saturday 31 August, 11:00-12:00 at EHRS in the Courtyard (Car Park)**

On the week when we enter the month of Elul, traditionally the Jewish New Year for Animals, Cantor Tamara invites you to bring your pet to the Synagogue for us to celebrate the place of animals in our lives. Today we thank them with special prayers and blessings and the Torah portion of Re'eh read from the point of view of the animals. You are of course welcome to come if you don't have a pet or if yours is not transportable - just bring a photo. Wet weather plan or if the building works don't give us space - bring an umbrella or retreat to the EHRS Community Centre!

### Sunday Shacharit, 9:30-10:00

Join our weekly Sunday Shacharit in the EHRS Beit Midrash. Half an hour of morning prayer with a friendly bunch of folks, which includes the Kaddish if you are remembering a loved one. On the first Sunday of the month, breakfast is served.

# EHR'S YOUNG ADULTS

**Beer and Shiur, 20:00**

Join our monthly Young Adults opportunity to learn together at our Beer and Shiur, occurs on Zoom with the occasional in person meet up. When on Zoom use:  
Meeting ID: 839 2128 5866 Password: 978112.

**Wednesday 10 July**  
Jnetics (the Jewish charity supporting & encouraging individuals and couples through genetic testing) will join us at Rabbi Debbie's home for an evening exploring the Ethics of Genetic Testing, drinks & snacks provided!

**Wednesday 14 August**  
6 weeks to go, what does it look like to prepare for the High Holy Days, and how will our New Machzor change the experience? Email Rabbi Debbie to register and join her at home for beer, shiur, and maybe some Pimms and snacks!



For regular updates email Rabbi Debbie  
[rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk)

Edgware & Hendon Reform Synagogue  
קי"ק לדור ודור

# CORNERSTONE

*Our introduction to Judaism course*

OUR CORNERSTONE PROGRAMME IS OPEN TO ANY MEMBER OF THE COMMUNITY WANTING TO DEEPEN THEIR JEWISH KNOWLEDGE, OR IMPROVE THEIR HEBREW, AS WELL AS THOSE EXPLORING CONVERSION AND NON-JEWISH PARTNERS WANTING TO LEARN MORE ABOUT CREATING A JEWISH HOME.

**Join us for prayer-book Hebrew (from beginners to intermediate)**  
19:00-19:45,  
and/or for Jewish Studies  
20:00-21:30

**Tuesday evenings during term time**

The last Cornerstone class for this year is 16 July. If you fancy joining in September, to improve/begin your Hebrew learning, or to delve into a year of Jewish learning, or if you know someone thinking about becoming Jewish, or wanting to learn more to support their partner, get in touch with Rabbi Debbie.

Contact [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk) for details

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# PLEASE JOIN US FOR OUR COMMUNITY PICNIC

FOLLOWING A WONDERFUL PICNIC IN BUSHEY LAST SUMMER, THIS YEAR EHR'S IS HEADING TO SHENLEY

**Sunday 11 August, 13:00**

Bring your own picnic and something to sit on, and we will bring some games and ice creams!

Please go to [www.ehrs.uk/event/picnic2024](http://www.ehrs.uk/event/picnic2024) for full details and to book

Edgware & Hendon Reform Synagogue  
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## COMMUNITY CARE

Jewish Blind & Disabled (JBD) have introduced two new peer led support groups for those with any form of visual impairment. The groups are held monthly from 11:30-13:00, in Borehamwood on the second Tuesday and in Finchley on the second Thursday. They take place in a safe environment and are designed for guests to meet new people and share experiences of living with sight loss. As the groups are peer led the aim is to have supportive conversations and develop friendships. Jewish Care Explore visited the Borehamwood group in May and told them about gadgets to help with digital devices and JBD are looking to organise speakers and entertainment depending on the groups' needs. Family members/friends or carers are all welcome to join. For more information and to book a place please contact Toni at Jewish Blind & Disabled on 020 8371 6611 ext.620. Parking is available at both sites.

We really appreciate the support our Community Care volunteers provide and it was great to have the opportunity get together with them when Jewish Care held a Dementia Awareness training session in April, followed by Safeguarding awareness training and bagel lunch. Next on the agenda is refresher training which will be offered to our Telenet volunteers during the summer in preparation for their High Holy Day calls.

In May we held an informal coffee morning at EHRS for members who have lost their partners in the past 18 months and we are planning to do this again in the coming months.

**Coffee and Chat** is run by EHRS member Shirley Lever, open to all ages and meets every second and fourth Wednesday morning at EHRS for tea, coffee and cakes in the Beit Midrash.

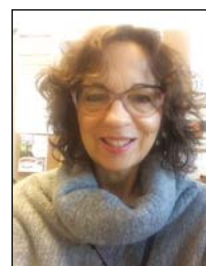
Our popular **Monthly Lunch Club** is a great opportunity to meet up with others in the warmth and comfort of the Shul for a hot meal. It is open to all and always held on the second Tuesday monthly, our next lunches will be on **9 July and 13 August**. Booking is essential before the end of the week before and if you have not been previously and would like to know more please call us.

The EHRS **Memory Way Café** provides support for people living with dementia and their family carers and is open to all in the local community. We meet on the third Wednesday afternoon monthly and our next cafes will be held on **17 July and 21 August**. If you are interested for your partner or a relative and would like more information or wish to discuss any concerns, please contact either Val or Marissa.

The following **Bereavement Social Groups** are run by EHRS members and if you would like to know more about them please either sign up under the Get Together tab on the EHRS website or email/call Community Care for more details. **Genesis** is run by EHRS member Sue Casale for those in their 60s to early 70s and also provides bereavement support. **Phoenix** is for those in their mid 70s plus and provides social activity and bereavement support.

Please contact us if you need a confidential discussion about yourself or a family member, Val and Marissa are here to support you.

**Val Joseph - 020 8238 1013,**  
**Marissa Rosenthal - 020 8238 1015**  
[community@ehrs.uk](mailto:community@ehrs.uk)



Val Joseph

## Eco Team

In January Barnet Council launched BarNET ZERO. A campaign aimed at making Barnet one of London's most sustainable boroughs.

**WORKING TOGETHER  
TO BECOME A NET ZERO  
CARBON COUNCIL BY 2030  
AND BOROUGH BY 2042.**



**BARNET ZERO** FOLLOW OUR JOURNEY AT: [engage.barnet.gov.uk/net-zero](https://engage.barnet.gov.uk/net-zero) **BARNET**  
LONDON BOROUGH



**ecojudaism**  
OUR FAITH IN THE PLANET

[www.ecojudaism.org.uk](http://www.ecojudaism.org.uk)

[ecoteam@ehrs.uk](mailto:ecoteam@ehrs.uk)

On 3rd June members of EHRS Eco Team attended a ground breaking, pioneering event at New North London Synagogue.

Organised by the Faith in Action group on behalf of Barnet Council, it was an opportunity for Barnet's faith groups to partner with local government in tackling climate change.

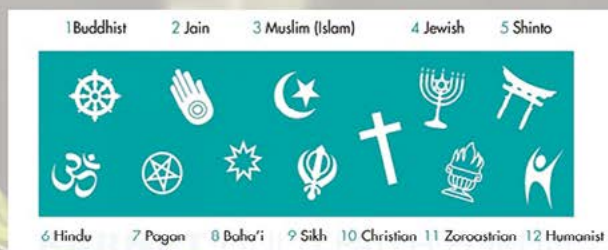
The event started with a tour of the synagogue by Rabbi Jonathan Wittenberg who shared some of the steps they had taken to become one of only two EcoJudaism Gold Award synagogues.

Yogita Popat, Barnet Council's Assistant Director for Sustainability, reiterated its pledge to become a net zero council by 2030 and a net zero borough by 2042.

Then we heard guest speakers from various faiths including Christian, Muslim (Islam), Zoroastrian, Baha'i as well as Naomi Verber, the newly appointed CEO of EcoJudaism.

Just as with our recent Iftar, we soon realised how many shared values we have, particularly when it comes to our responsibility for and connection with the world in which we all live.

Sustainability lies at the heart of faith and, hopefully, this opportunity to work collaboratively will help to heal our divisions as we help each other to heal our planet.



## FOCUS ON THE JOURNEY, NOT THE DESTINATION



The book of Numbers which we are reading at the moment is about the journey in the wilderness where the Israelites transform from a people into a nation.

The main theme of the book of Numbers is so appealing and engaging because it epitomises our lives. We embark on many journeys in our lives both as individuals and as a community and what we learn or don't on each journey makes an impact on our next one.

We also realise on those journeys that individuals can have a big impact on us, our group, and the time it would take to get to our current destination. I would like to share with you one such journey of our members to the Czech Republic. When 9 of us embarked on the trip at the beginning of May, we didn't

know each other or the impact which that shared journey would make on us.

The most impactful part of the trip was the people that we met through our journey: our Czech friend Julius Muller, without whose support and translation in our meetings in Sobeslav we would have been lost in the wilderness of the Czech language; Rabbi David Maxa and his warm and welcoming community, so many new friends we made in Sobeslav starting from the Lord Mayor and Monica, the smiling owner of the former Sobeslav's synagogue building and finishing with Michael Macovec, the son of the last survivor (Naomi) of Sobeslav and Mr. Jundra, the teacher in Sobeslav's Gymnasium who started the well-known programme in the Czech republic now called "Our disappeared neighbours" – collections of the stories about the disappeared Jewish neighbours which the students researched in their local areas. We felt safe and welcomed in the Czech Republic as Jews.

The trip brought alive faces of the members of the Sobeslav community, who perished in the Holocaust. Our Czech scroll became even more dear to us because it encompasses now for us the memory of all those people behind it who didn't make it through the war but also

it now symbolises hope for the future. The flourishing Jewish life of the Czech Republic, our new friends and the Czech people who are trying to learn from their history. It was exciting to be a part of this evolving history but also to bring those new friendships back to EHRS.

The inspiration for us came not just from the Jewish history which was unveiled in front of our eyes but also from all the encounters with non-Jewish people we had on our 5 day journey. It was emotional for our group to be a part of making history and us together adding a new page into the message of friendship and peaceful co-existence.

We went on the trip as individuals but came back together as a group of friends. We had some fun together too! Most unfortunately, I have to tell you that what happened in the Czech Republic has to stay in the Czech Republic, but if you are around on 15 November please join our Czech Friday night service followed by a bring share dinner featuring Czech cuisine and drinks. We will share some of the great stories with you then and many photos from our Czech adventure!

We are planning a young people's Czech trip in 2025 and another adult trip in spring 2026.

**Rabbi Tanya Sakhnovich**

## STONEGROVE SERENADE

JOIN US FOR A SERIES OF MONTHLY CONCERTS FEATURING UP AND COMING CLASSICAL MUSICIANS

ALL ARE WELCOME  
ADMISSION IS FREE  
SUGGESTED DONATION £5



TO BOOK  
PLEASE GO TO  
[WWW.EHRS.UK/SERENADE](http://WWW.EHRS.UK/SERENADE)

**TUESDAY 16 JULY, 19:00**

**WE WILL ENJOY A SUMMER'S EVENING PIANO RECITAL FROM PARVIS HEJAZI.**

Award-winning pianist Parvis is known for his captivating interpretations of the most demanding works of piano repertoire. We invite you to enjoy a light supper in our pop up cafe before the concert. Cafe 118 will be open 18:00, and re-opens after the concert with drinks, cake and a chat. Please note when booking if you will be using the café.

**TUESDAY 20 AUGUST, 19:45**

**SHIRIM L'AHAVA: A CANTOR'S CONCERT FOR TU B'AV**

Join Cantor Tamara and friends for a concert and dessert evening in celebration of Tu b'Av, the Jewish Day of Love. This program of Jewish and secular songs on the theme of love, paired with delicious sweet treats, promises to be a truly lovely way to spend a summer evening.

Cafe 118 will be serving Pimms & ice-cream from 19:00 and will re-open after the concert for more treats.

# EHRS - Tour to Prague & Sobeslav

The members trip in May, proved to be quite an adventure, full of incredible historical sites, wonderful people, and the start of a warm relationship between EHRS and Sobeslav, the home of our Czech Torah Scroll.

On our first full day, we were given a tour of Sobeslav, visiting the houses that used to belong to the Jewish families who lived there. We were joined by Julius Muller a local historian, Michael Makovec and his family, who are descendants of one of the original Jewish families, and the current occupants of the private residence that stands on the site of the former synagogue, Dana and Monika Slaba. Together, we recited and sang memorial prayers to honour the memories of the lost Jewish community of Sobeslav. We were officially welcomed by the Mayor Jindřich Bláha, and also spent time at the Gymnasium where we met with inspirational teacher Radim Jindra, who has been honoured at Yad Vashem for his work in Holocaust education. Following a spot of lunch and some retail therapy, we then headed deep into the overgrown forest, on the outskirts of the town, to the old Jewish Cemetery. Standing amongst the stones, under a bright blue sky, surrounded by fallen trees, and listening to the bird song, was a deeply moving experience.

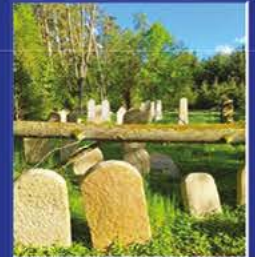
Day two we enjoyed a guided walking tour of Prague's Jewish Quarter, visiting many of the historic synagogues, to learn about the history of this fascinating country and the daily lives of the 35,000 Jews, who had lived there prior to WW2. We joined Rabbi David Maxa and the members of the Ec Chajim Reform Synagogue for their Friday night service, where Rabbi Tanya spoke about our connections and joint friendship, finishing with a delicious meal at the beautiful home of Jonathan Wootliff, one of their congregants.

Our last full day was spent at Theresienstadt (in Czech Terezín). This was where, in November 1942, all the Jews from Sobeslav, alongside others from surrounding villages in the Tabor region were deported to, before being sent on to in 1943 to Auschwitz to be murdered. We finished our visit with El Male Rachamim and Kaddish - may their memory be a continuing blessing.

On our last morning in Prague we managed a quick visit to the magnificent Jubilee Synagogue, sampled some amazing Czech cakes, and reflected on our shared experiences.

EHRS has a proud history that goes back to 1935. Now, having embraced the Jewish community of Sobeslav through being entrusted with the legacy of one of their Torah Scrolls, we have a community history that stretches back to the 16th century. As individuals we come from a scattered heritage across Europe, but the Scroll from Sobeslav offers us insights into one community's history that we now all share, and the connections and friendships that we have built during this trip, offer opportunities for return visits in the future.

Find out more about the history of our scroll by visiting:  
[www.ehrs.uk/our-czech-connections](http://www.ehrs.uk/our-czech-connections)



## EDUCATION

Reflecting on the recent events captured in our photos since the previous issue of LDVD, we have shared some truly delightful moments. Our annual Chocolate Seder was a hit drawing a crowd of 80 attendees. The event was buzzing with energy as everyone indulged in chocolate treats to the Pesach tunes of the Shirah Band.

This year, Yom HaZikaron and Yom HaAtzmaut held a deeper meaning for all of us. And I think we commemorated and celebrated in an appropriate way. The solemn tekes paid tribute to Israel's fallen soldiers, followed by the Stonegrove Serenade concert which showcased Yoav Oved's enchanting vocals, celebrating Israel's rich diversity. The event offered a choice between a thought-provoking talk on Israel and Zionism by a Yachad speaker or traditional dancing and refreshments. The turnout was heartwarming, reflecting I think that people wanted to come together to celebrate Israel and just feel comfort in togetherness.

Our Orot celebrations were equally spirited, thanks to the efforts of our shinshin Itamar. We send all our b'hatzlacha (good luck) to him to stay safe as he embarks on military service in September.

The Oud and Food event was another highlight, where we explored the heritage of Egyptian and Moroccan Jews complimented by Naomi Clucas's delicious taste of North African cuisine. It is crucial for us to honour the legacy of Jewish refugees from Arab lands and keep their rich, cultural history alive.



The Bnei Mitzvah Mega Shabbaton at Phasels Wood was a resounding success, receiving glowing feedback from participants and their families. A heartfelt thank you to Jack, Mia and Sarah and the Clergy team for their invaluable contributions to this unforgettable experience.

In our ongoing efforts to make our resources more accessible we are relocating the library to the ground floor. We are refreshing our collection of books, and it's gratifying to see the community taking the books we have left out.



Looking ahead, we have an exciting line up of events planned by our Youth and Education team. Be sure to check out Jack and Sarah's pages in this magazine for more details.

**Marian Cohen,**  
Director of Education and Youth  
[education@ehrs.uk](mailto:education@ehrs.uk)/020 8238 1014

**Scouts** 3rd Edgware Outdoor adventures and skills for life for young Jewish people aged 6-14

WEEKLY MEETINGS AT EDGWARE & HENDON REFORM SYNAGOGUE

**BEAVERS** (ages 6-8) THURSDAY 5:45pm-6:45pm

ADULT VOLUNTEERS NEEDED

**cubs** (ages 8-10½) THURSDAY 6:45pm-8:00pm

TALK TO US TODAY ABOUT VOLUNTEER OPPORTUNITIES

**SCOUTS** (ages 10½-14) TUESDAY 7:00pm-8:30pm

SCAN HERE FOR MORE INFORMATION or email [info@third.org.uk](mailto:info@third.org.uk)



# Oud & Food 2024

On 2 June we celebrated the heritage of Jews in Morocco and Egypt, including many of our own members. We discovered their stories, culture, music, and food, including the hidden treasures of the Cairo Genizah, heard the story of life in Egypt before the Suez Crisis, and enjoyed the sounds of Moroccan music.

We welcomed Dr Estara Arrant from the Cambridge University Geniza Research Unit, Michelle Huberman from Harif, the UK charity that preserves the heritage and culture of North African Jews, Cantor Tamara who who shared the stories of Egyptian Jewish pop stars of the last century and the extraordinary music of Morocco, and Rabbi Mark took us on a historical journey.



For more information on Stonegrove Life events and activities, please visit the website [www.ehrs.uk/stonegrovelife](http://www.ehrs.uk/stonegrovelife)  
Where Zoom participation is required see Our Week Ahead, or email [stonegrove.life@ehrs.uk](mailto:stonegrove.life@ehrs.uk)

# STONEGROVE LIFE

education | events | entertainment

Our Stonegrove Life committee supports the Together Groups, Stonegrove Serenade, and other adult learning opportunities. An energetic team of Clergy, staff and volunteers, this committee is at the heart of the community.

## First Shabbat Shiur, 9:15-10:15

Our First Shabbat Shiurim are on all kinds of areas of Jewish life. You can join us in person at EHRS or at home using Zoom.

### Saturday 6 July - The Unnamed Heroine of the Korach Story.

The unnamed wife of On Ben Pelet saves her husband from the same fate as Nadav and Abihu: either being swallowed up by the earth, or consumed by a blaze of fire. What do we know about On Ben Pelet and his cunning wife, and what do their stories illustrate for us about Parashat Korach and its lessons? With Cantor Tamara.

### Saturday 3 August - Would you have wanted to invite

**Maimonides to your dinner party?** At our Oud & Food event in June we had the excitement of seeing a document in the great 12th Century Jewish scholar Maimonides own handwriting. Questions were raised though about his attitudes to women, Africans and even the French. Join Rabbi Mark to explore who Maimonides was as a man.

## Rosh Chodesh 19:30-21:00 on Zoom

### Wednesdays 10 July & 7 August

On the first day of a Hebrew month, a sliver of the new moon is visible in the sky. Rosh Chodesh ('head of the month') is the traditional Jewish holiday on this day. Join us for music, contemplation, chat and creativity to mark each new month. For more details please email [rabbi.tanya@ehrs.uk](mailto:rabbi.tanya@ehrs.uk)

## EHR'S Summer Outing

### Disraeli Day at Hughenden Manor

#### Thursday 11 July, 09:00-18:00

Join Rabbi Mark for a day out at Hughenden Manor, the home of the first (and so far only) British Prime Minister of Jewish origin, Benjamin Disraeli. Following Refreshments and a talk by the curator of the Manor, we will visit the house and gardens. We will then travel to Maidenhead Synagogue for a talk by Rabbi Jonathan Romain on his work to revive Judaism in Berkshire over the past forty years and the Jewish connection to the area over the centuries. Cost is £45 (£35 National Trust members), the cost includes all transport from and back to EHRS, admissions & refreshments but doesn't include the cost of lunch (approx. £10-15 at the Stables Café or you can bring a packed lunch). **Book at [www.ehrs.uk/event/hughenden](http://www.ehrs.uk/event/hughenden).**



## Bite of Torah for everyone interested in Torah, 9:15-10:15

These sessions are full of new insights which bring Torah and Tanakh (The Hebrew Bible) to life. In person or on Zoom.

**Saturday 20 July - Hiring the right prophet for the job.** King Balak had a problem, 600,000 Israelites wanted to cross his territory on the way to the promised land and he wanted to stop and defeat them. What better way to do so than to hire a great prophet, Bilaam, to curse them out of existence. It didn't go very well, was the problem that he had hired the wrong man for the job? Study the extraordinary Sedra Balak with Rabbi Mark.

**Saturday 17 August - Vaetchanan:** Join Rabbi Tanya to explore the Shema (Deuteronomy 6:4) in the context of the Parashah and its journey through the centuries of Jewish history. We will start our journey with the Torah and finish with the latest rabbinic comments and interpretations of its meaning.

## Pimms & Poetry

Join us as we share our favourite poems and personal compositions! You don't have to bring a poem but can just come and enjoy the sharing. We create an informal atmosphere, with Pimms, snacks and warmth for all.

Wednesdays  
3 July & 4 September  
20:00-21:30

## Talmud Class Sundays 21 July, and 4 & 18 August, 10:00-11:00

EHR'S stimulating and friendly Talmud class is open to all levels of Jewish knowledge. Join Rabbi Mark to grapple with the ideas of our classical Rabbis. Join the discussion of 2000 years ago and its remarkable relevance to issues today. No previous Talmud study experience necessary, just a thirst to get deep into the foundational texts of Judaism.

This class is conducted online through Zoom as discussion and argument is what it is all about!

Please email [rabbi.mark@ehrs.uk](mailto:rabbi.mark@ehrs.uk) to get the Zoom details and the Talmud texts we are studying.

For information on our wonderful **EHR'S Together Groups**, please see the opposite page.

These groups are all about making our congregation of over 3000 people a place where we know each other and are can find people who share their interests. Whether you enjoy listening to music, watching films, reading, singing, dancing, cooking, playing games, or even just being outdoors, we have something for everyone.

**Art Appreciation** Tuesdays 9 July & 6 August, 14:30-16:00

Come and discover your inner creative self, explore your sensitive side, and delve into the artistic world! Angela Wilson will be showing a selection of paintings by various artists. After the session we will have tea together and have the opportunity to discuss the art.

**Bridge for Beginners** Wednesdays 3 & 17 July, 20:00-21:30

Led by Annita Tischler, Beginners Bridge will enable you to learn the basics of the game in a friendly and welcoming setting. Booking is essential via the website. Donation: £2 per session for EHRs members, £3 per session for non members

**Coffee & Chat** Wednesdays, 10:30-12:00 fortnightly

Our tea & coffee mornings at EHRs are for those on their own who would like to meet others in the same situation. All are welcome.

**Cookalongs** Wednesdays, 20:00 monthly

**Wednesday 24 July** - Summer Treats: Our Cookalong stalwarts offer some summer soup and starter highlights on Zoom.

**Thursday 1 August, 18:30** - Rabbi Mark's Quick and Dirty Challah Making: Join Rabbi Mark to prepare, shape and bake your own Challah to take home for Shabbat. All ingredients provided. Booking essential as this will take place in the EHRs kitchen, and places are limited.

**Wednesday 28 August** - Nasi Goreng: Join Rabbi Debbie over Zoom to enjoy making this Indonesian staple - a twist on egg fried rice that creates an entire meal from left over rice and veggies/protein, often using up whatever you need!

**Creative Writing** Thursday 8 August, 10:30-12:30

Come and explore the joy of expression with this small and friendly group. Each session will be based around a central theme, together with different writing genres to experiment with. We will then share our words with each other. Occurs monthly. EHRs Members only.

**Cycling** Sunday 14 July, 9:30

This group is aimed at all who is confident at riding on a road in a group for 20 miles at a leisurely pace. Full details on the website.

**Folk Dancing** Mondays, 11:00-12:30 weekly

This class is for all adults. A warm welcome to all who want to join us for this energetic and fun morning.

**Football** Sundays, 20:00 weekly

EHRs's weekly football game for male members between 21-45, at Centenary Sixes, Centenary Park, Stanmore, HA7 2NW. This takes place weekly. Minimum 5 a side, Maximum 6 a side. Members: £5, Non Members: £7. Please book via the website.

**Foraging** Sunday 30 June, 14:00-15:30 (future dates coming soon)

Peter and Shelley Bradley invite our intrepid foraging group to join them at home to discover how Peter grows unexpected delights for the table, and blends it with his foraged treasures. For details of where to meet please register with [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk)

**Juke Box Gold** Thursdays 18 July & 15 August, 20:00-21:30

Join us each month as we listen to great singers & groups from the 50s, 60s & 70s. We look forward to welcoming you with videos and songs on a very informal basis, where we will play many of your favourites! Refreshments from 19:30. Hosted by Richard Hartman.

**Knit & Knatter/Crochet & Kvetch** Thursdays 18 July & 15 August, 11:00-12:30

Pick up your needles and hooks, pack up your yarn, and come together to knit & crochet. Suitable for all ages and all levels, this friendly group meets monthly. Free to members, suggested donation £2 for non-members.

**Opera Appreciation** Thursdays 11 July & 15 August, 19:15-21:30

Do you like opera? If so then please join our opera appreciation group at EHRs with other like-minded members. This group meets monthly at EHRs in the early evenings to see classical opera on DVD which will be introduced and then discussed by the group.

**Rabbi Kraft Memorial Book Club** Tuesdays, 19:30 monthly

This is a small, friendly group of who meet once a month on Zoom. A synopsis of each book can be found on the EHRs website.

**Tuesday 2 July:** 'The Honey Bus' by Meredith May ~ **Tuesday 6 August:** 'The Sunrise' by Victoria Hislop

**Rambling** Sundays 28 July & 25 August, 10:30

Rambling is a fantastic way to make new friends and learn about local lore, and you will have your love of great views, fresh air and a love of nature in common. Full details can be found on the website.

**Rummikub** Tuesdays 2, 16 & 30 July, 14:00-16:00

If you love playing Rummikub then this social and friendly group that meets monthly is for you. Donation £2 per person.

**Singing Circle** Mondays, 14:00-15:30 weekly

The Singing Circle is for anyone who enjoys bursting out into song. You don't need perfect pitch or be able to read music. Most of our 150+ song repertoire consists of popular songs, and songs from the shows which we sing along to while watching YouTube videos.

**Spanish Conversation** Tuesdays 9 & 23 July, 13 & 27 August, 14:00-15:30

Hola, hablas español? Want to brush up your Spanish? This fortnightly group is for those who wish to improve their Spanish.

**TV Addicts Club** Thursday 22 August, 18:30-22:00

On this date we will be showing the 2023 film 'One Life' starring Anthony Hopkins, Johnny Flynn & Helena Bonham Carter.

London broker Nicholas "Nicky" Winton helps rescue hundreds of predominantly Jewish children from Czechoslovakia in a race against time before the Nazi occupation closes the borders. Fifty years later, he's still haunted by the fate of those he wasn't able to bring to safety.

Buffet supper at 18:30, film at 19:30, and all are welcome. £5 donation towards food. Please go to [www.ehrs.uk/event/onelife](http://www.ehrs.uk/event/onelife) to book.

As we enter Summer (whatever the weather!) we can look forward to lots of family summer fun including our August Summer Stay & Play sessions, Kaytana Summer Scheme (for children in Reception+) and so much more.

As the building works continue to revamp the outside area, we are so excited to be able to announce that as part of the plans we will be getting a children's playground! The Education & Youth team are busy also prepping for the High Holy Days and what will be a full offer of family services and activities for all ages.

We are delighted to announce we will be holding our next Family Friday Night dinner in July. We will be joined by our amazing Acappella choir during our interactive service. Please book on the website to secure your place.

Have you checked out our new children's services yet? They are a creative way to give your children a taster of synagogue and the fun they can have here on a Saturday morning.

As always, please get in touch for any more information or if you need support with anything.

**SEND Parents Support Group**

**Tuesdays 2 July & 6 August, 19:30-21:00**

A support group for parents/carers of children with additional support needs and/or disabilities that affect life at home and/or in school. A safe space where you can meet other parents in

**Families Friday Night DINNER**

**July 19**  
At 6:00 PM

**Musical Service featuring our incredible Accapella Choir!**  
**Youth led activity!**

Perfect for families with children school years 1-6 (older & younger siblings welcome)

**Catered Pizza & Chips and Ice cream bar!**  
**Bring & Share a Side**

**SPACES ARE LIMITED - BOOK ONLINE NOW!**  
for more info email Sarah - [youngfamilies@ehrs.uk](mailto:youngfamilies@ehrs.uk)

**Ehrs SHABBAT SUMMER STAY & PLAY**

**FRIDAY 2ND, 9TH & 16TH AUGUST 10:30-11:45**

TOYS - ACTIVITIES - CRAFTS - SENSORY ROOM

**SINGING & KIDDUSH**  
OLDER SIBLINGS WELCOME!

Prior booking is required: [www.ehrs.uk/youngfamilies](http://www.ehrs.uk/youngfamilies)  
Contact [youngfamilies@ehrs.uk](mailto:youngfamilies@ehrs.uk) for more information

the community, share experiences, talk about challenges and strategies, and support each other.

**Shabbat Stay & Play**

**Friday mornings 10:30 -11:45 (Term time)**

Our baby and toddler group with toys, crafts and song session and Kiddush with our Clergy. The perfect way to meet other parents, enjoy a hot drink and a catch up. Please book on our website in advance. You can collect CRP points for attending.

**Summer Stay & Play**

**Fridays 2, 9 & 16 August 10:30 -11:45**

Join us this Summer for activities, crafts, toys, singing and a Kiddush. Older siblings also welcome. Booking is required.

**Sing & Sensory**

**Tuesday mornings, 11:00-11:45 (Term time)**

A music & sensory class for babies - 1-year olds, with a different theme each week, followed by chill out time in our state of the art Senitt Sensory Room. Booking required.

**Kuddle Up Shabbat**

**Fridays 5 July & 2 August, 16:15-16:45**

Our special interactive Shabbat service for Primary aged children and their siblings. Songs, stories and activities. You can collect CRP points from attending. Early arrival is optional from 15.45. Come straight from school pick up, or just arrive early to play before the service. Selection of toys for the children and hot drinks available for the adults. Our August Kuddle Up will be Kuddle Up Kaytana, where we will join our Summer Scheme children for a collective service.

**Chumash Babies**

**Saturday 6 July, 10:30**

A sensory Shabbat experience for your five senses. This is a special Shabbat

experience for our very youngest children, their parents, siblings and grandparents. It brings together baby sensory play and Jewish ways of experiencing the wonder of Shabbat for a delightful half hour with Cantor Tamara and Sarah Koster. Followed by a Shabbat brunch to help us all get to know each other.

**Torah Time**

**Saturdays 6 July & 3 August, 10:45-11:15**

Join us for this interactive storytelling experience with music and activities, on the first Shabbat of the month. Followed by a mini Kiddush and schmooze. This service is ideal for ages 4-10.

**Build a Bible**

**Saturdays 20 July & 17 August, 10:45-11:15**

Get creative with all different types of construction to explore the week's Torah portion, on the third Shabbat of the month. Followed by a mini Kiddush and schmooze. Ideal service for ages 4-10.

**Shabbat Club & Birthday Blessings**

**Saturdays 27 July & 24 August, 11:15-12:15**

For Primary School aged children and their younger siblings are welcome. Parasha and Shabbat themed activities, stories and songs in a relaxed atmosphere, on the fourth Shabbat of the month. Finishing in time to join the community for Kiddush around 12.15. We are delighted to invite all children who have a birthday in that month to join us for birthday blessing from the Rabbis in the main service. Families will be sent personal invites; but do let us know if your child has a birthday coming up to make sure we have you on our list. Kiddush will include a birthday cake treat!

**Shabbat Shirah**

**Saturdays 13 July & 10 August, 11:15-12:15**

This is Ehrs's Shabbat morning experience for 0-100's with rhythm in their souls, featuring a live band, an energetic Shabbat service suitable for children of all ages, on the second Shabbat of the month. A Torah reading and chance for everyone to participate in making music.

**Sarah Koster, Head of Development & Engagement for Families**

[youngfamilies@ehrs.uk](mailto:youngfamilies@ehrs.uk)/020 8238 1025

## YOUTH CENTRE

We have just had the most amazing Purim and Pesach. The Purim we have all experienced was one of pure joy.

On both our Saturday and Sunday events we played host to well over 100 people all having the most amazing time. Our Wonka themed families Purim party on the Sunday morning was so well attended welcoming 100 families. Moreover the event itself was filled with amazing Wonka activities, with children running around looking for Wonka bars, a crazy candy floss machine, and a chocolate fountain.

Pesach was also the most wonderful time; we ran two Services within Pesach Play Scheme that were pure creative brilliance. Our Escape from Egypt first day Pesach service had all the children embody what the plagues could have felt like in the Land of Egypt, with them



doing silly tasks, role plays, and games to survive the plagues; this interlocked with word from the Torah and blessings from our very own Rabbi Debbie. Our Seventh day service was equally as energetic trying to get across the Red Sea! Rabbi Mark, Jack, Mia, and the Madrichim created and performed hilarious Pesach panto style skits with the children joining in to help us on our journey across the Red Sea.

Moving further into the Summer we have our famous Kaytana Youth Scheme. Kaytana is just the most wonderful Summer experience for primary school aged children. Over our 3 weeks of fun the children go on the most wild adventure. Kaytana has the most creative programming and will build so many different skills and interests for your young people. We are running from Monday 29 July - Friday 16 August.

Please see below for details and take a look at our beautiful website to get more information and to book, [www.ehrs.uk/kaytana](http://www.ehrs.uk/kaytana)

**Can you help?** We are looking for a family to host 2 young women from Israel called Yual and Mika. They are from Leo Baeck Educational Centre in Israel. They are joining us from Thursday 27 June - Monday 8 July, and will play a big part in all the Jewish life we have here at EHRS. If you are interested in helping or would like some more info please contact Jack.

**Jack Murphy, Head of Youth Development,**  
[youth@ehrs.uk](mailto:youth@ehrs.uk)/020 8238 1024





# EHRS

# KAYTANA

## Summer Scheme

AGES  
4-11

**FROM £130**

PER WEEK  
£30 PER DAY

**29 JULY - 16 AUGUST**

FROM 9.15 A.M. TILL 4 P.M.

EXTENDED HOURS AVAILABLE

TRIP DAYS EVERY WEDNESDAY

OFSTED REGISTERED  
CHILD CARE  
VOUCHERS ACCEPTED

**SIGN UP OR GET INFO:**  
[EHRS.UK/KAYTANA](http://ehrs.uk/kaytana)

**EARLY BIRD PRICES AVAILABLE UNTIL THURSDAY 4 JULY**

## ACTIVITIES:

SPORTS	LEADERS VS KIDS
COOKERY	PARK GAMES
DRAMA	ARTS & CRAFTS
MUSIC	TREASURE HUNTS

**and more!**

Kaytana is our inspiring and creative multi-activity day camp where you can take part in sports, drama, dance, music, arts & crafts, cookery, team games, and enjoy some free time with your friends. We also offer weekly trips, workshops, and scheme t-shirts for children attending trips.

EHRS is a registered charity, registered in England No. 1057689. Registered office: 105, High Street, London, E15 2ET. Tel: 020 8238 1024. Website: [www.ehrs.uk](http://www.ehrs.uk). Charity No. 1057689.



## EHRS GROUPS

### NEW OPTIONS

#### For the active retired and semi-retired (60 plus)

Please email [newoptions@ehrs.uk](mailto:newoptions@ehrs.uk) if you have any queries.

#### Schmoozing with the Clergy

A light hearted topical discussion, in an informal setting. In person at the Synagogue. Join us 10:30-11:30 on **Wednesday 3 July** with **Rabbi Debbie** and **Wednesday 14 August** with **Rabbi Tanya**.

#### Bridge

Our popular and friendly sessions take place every **Wednesday, 12:30-15:30**. Join us for an enjoyable and sociable afternoon. Only £4 including tea, and is open to members and non-members.

### NOT THE WOMENS GUILD

Meetings begin at 14:00 in the Synagogue unless otherwise stated, and a warm welcome is extended to all.

For further details and to book your place, please contact **Evie** 020 8954 5393 [ewoolstone@yahoo.com](mailto:ewoolstone@yahoo.com) or **Sandra** 020 8958 7140 [sandra@harrisresidence.co.uk](mailto:sandra@harrisresidence.co.uk).

We look forward to seeing you.

We have had a varied programme recently, including lunch at a local restaurant in Hatch End, a sociable afternoon discussing amongst other things favourite Pesach recipes, and an outing to the Museum of London Docklands for the Fashion City exhibition. We welcome suggestions for topics for future meetings.

#### Thursday 4 July

We will be having a social afternoon where we will NOT be discussing the General Election, Wimbledon tennis or any other sporting event. Instead, we will talk about whatever you would like to over a cup of tea (and maybe a biscuit!). We especially welcome new members.

#### August and beyond

We can discuss the forthcoming programme at the July get together. Please bring your ideas on what you would like to do.

### Hebrew Begins With Shalom

Wednesdays 1 May - 17 July, 14:30-15:30  
(no lesson 12 June due to Shavuot)

Learn to read Hebrew fluently with a little help from Lawrence Cohen. Whether you are a beginner or a brusher up, this course is an enjoyable tool for those who would like to read the text of the Hebrew Bible (TeNaKh) or the Prayer Book (Siddur).

The course is free but there will be a charge for the course book of £8.99.

## OTHER ACTIVITIES AT EHRS

### JACS (JEWISH ASSOCIATION OF CULTURAL SOCIETIES)

JACS takes place at EHRS on Thursdays, 13:30.

- 4 July** Melvyn Eagle - Jewish East End
- 11 July** Paul Coleman - A Lively Afternoon Filled With Songs
- 18 July** Jane Greenfield - Growing Up on the Farm
- 25 July** Richard Hartman - Golden Oldies Telling Music from the 40s, 50s, and 60s
- 1 August** Jane Rosenberg - Music for Everyone
- 8 August** Emmanuel Aharoni - Difference between Men and Women
- 15 August** Frank Laughton - Singing and Playing the best Pop Hits
- 22 August** Mike Marandi - Songs from Around the World
- 29 August** Current Affairs

For more information please contact **Stuart Winton** on 020 8954 8350 or **Brian Ashton** 020 8958 4904.

### THE LEAGUE OF JEWISH WOMEN

The League of Jewish Women is a national voluntary organisation and the Stanmore & Edgware Group is the largest in the country.

We are a local cross-communal group, and half are members of EHRS.

We meet monthly on **Tuesdays, 14:00-16:00**, with speakers each month. **Upcoming dates: 2 July & 6 August**.

For more information, please contact **Andrea Fisher** on 020 8958 0424 or email [andrealjw@hotmail.com](mailto:andrealjw@hotmail.com)

### ZUMBA GOLD

Thursdays 10:00-11:00

This class is perfect for the active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity.

£8 per session.

For more information please contact Laurel Ingram at [dancinline@hotmail.com](mailto:dancinline@hotmail.com)





Now open all year  
round.  
For ages 18 months—  
4 years

Come and see our very special nursery and meet the team. We would be delighted to discuss with you how we can nurture, educate and care for your child in our very exciting and dynamic nursery.

For more information visit our website [www.ehrs.uk/nagila-pre-school](http://www.ehrs.uk/nagila-pre-school) or email [nagila@ehrs.uk](mailto:nagila@ehrs.uk).

118 Stonegrove, Edgware, Middlesex, HA8 8AB  
Telephone: 020 8238 1000 Email: [admin@ehrs.uk](mailto:admin@ehrs.uk) Web: [www.ehrs.uk](http://www.ehrs.uk)  
Charity:1172458 Company:10622971



Edgware & Hendon  
Reform Synagogue  
קייק לדור ודור



## Nagila Summer Play Scheme

29th July—15th August  
9.30am—3.30pm  
Monday—Thursday

We offer three weeks of fun-filled summer activities including art and crafts, cooking, songs, sand play, water play, physical activities, etc. The children are cared for by a high ratio of fully qualified adults including Nagila teachers.

Contact [nagila@ehrs.uk](mailto:nagila@ehrs.uk) for more details.

118 Stonegrove, Edgware, Middlesex, HA8 8AB  
Telephone: 020 8238 1000 Email: [admin@ehrs.uk](mailto:admin@ehrs.uk) Web: [www.ehrs.uk](http://www.ehrs.uk)  
Charity:1172458 Company:10622971



Edgware & Hendon  
Reform Synagogue  
קייק לדור ודור

10:30-12:30

# Sunday Morning Craftalong

On the first Sunday of the month (following Shacharit & breakfast) join other EHRs crafters on a different project each month, or bring what you're working on to craft with others!

## Sunday 7 July

'Junk Crafts' with Jacki Staal (hosted by Rabbi Debbie)- ideal for adults & children, and adults wanting to amuse children during the approaching holidays! Join us for paper carnations, paper coasters & pen pots, magic wallets, woollen flowers, dancing clowns, and pompom animals.

## Sunday 4 August

'Soap Making' with Victoria Hiley (hosted by Rabbi Debbie) - numbers will be limited so please book at [www.ehrs.uk/event/soapmaking](http://www.ehrs.uk/event/soapmaking)

To sign up for regular reminders email [rabi.debbie@ehrs.uk](mailto:rabi.debbie@ehrs.uk)

## High Holy Days 2024/5785 at EHRs

### Selichot

Saturday 28 September

### Memorial Services

Sunday 8 September - Cheshunt cemetery

Sunday 29 September - other cemeteries

### Erev Rosh Hashanah

Wednesday 2 October

### 1st Day Rosh Hashanah

Thursday 3 October

### 2nd Day Rosh Hashanah

Friday 4 October

### Kol Nidre

Friday 11 October, Fast begins 18:02

### Yom Kippur

Saturday 12 October, Fast ends 19:01

### Erev Sukkot

Wednesday 16 October

### Sukkot

Thursday 17 October

### Erev Simchat Torah

Wednesday 23 October

### Simchat Torah

Thursday 24 October

### High Holy Day Tickets 2024 / 5785

We are looking forward to a wonderful and meaningful Rosh Hashanah & Yom Kippur. Every member of the Synagogue is entitled, of course, to a ticket and we will send you your ticket together with a brochure telling you everything that is happening. Guest tickets will of course also be available through our website or Synagogue office.



## Israel at EHRs

These are extraordinary times for Israel as the conflict between Israel and Hamas in Gaza rages on and nearly 100,000 Israelis have had to be evacuated from the far North of Israel to be safe from Hezbollah rockets. The issues are complex and the solutions for a lasting peace are very difficult to envisage. EHRs is committed to engaging directly with Israel and all her citizens and inhabitants.

### Visit of Leo Baeck High School Students from Haifa

Yuval Manor and Mika Mizrahi are two 16 year old students at the Leo Baeck High School in Haifa. They are both very able youth leaders and will be staying with the EHRs community from 28 June - 8 July participating in all our youth programmes, spending a day each at JCoSS & JW3, and participating in our services. Two further opportunities to get to know them and their perspective on being a young adult in Israel today will be at the Schmooze with the Rabbis on 3 July with Rabbi Debbie, and at this special event:

### The State of Israel: The Next Generation - Leo Baeck High School Teenagers speak about Israel today

Tuesday 2 July, 20:00-21:30

The Leo Baeck Education Center in Haifa is a remarkable school, community centre, centre for social action and Reform Synagogue in Haifa for children from the whole of the city, Jewish, Druze and Arab. Tonight our visitors from the school, Yuval Manor and Mika Mizrahi, will be sharing with us how they are coping during the Israel-Hamas war, what they are trying to do to live with their Arab neighbours, what they expect and hope for their coming army service and their lives in the future. A talk, discussion and opportunity to know Israel in these challenging times through the eyes of its next generation, hosted by Rabbi Tanya.

### Nathan Jeffay in Conversation

Thursday 18 July, 20:00-21:30

Nathan Jeffay wrote his first article for the Jewish Chronicle in July 1998, and has been published in almost every edition of the newspaper since then. Since 2007 has mostly been writing from Israel - for the JC and various other publications in Britain, America and Australia. He covers a broad range of subjects from politics and the frictions of the Middle East to Israeli high-tech, culture, religious affairs and humanitarian work. Join Nathan, in conversation with Rabbi Mark and all who come to the evening to make sense of this extraordinary year in the history of the Jewish State and the Middle East. Admission £5 for EHRs members, £7 for non-members.

### Orly Erez-Likhovski - Repairing Israel in our Name

Tuesday 27 August, 20:00-21:30

Orly is the Executive Director of the Israel Religious Action Centre, the Israel Movement for Progressive Judaism's activist arm. She has served as lawyer at IRAC since 2004, as Director of the Legal Department from 2014-2021, and Director of IRAC since 2021. Orly has brought about significant legal achievements such as making gender segregation on Israeli public transportation illegal, ending the Orthodox monopoly on state-funded salaries to rabbis, filing (and winning) the first ever class action suit regarding exclusion of women, and disqualifying racist candidates from running to Israel's parliament. How does she and IRAC work today when Israel may be under existential crisis? Can you still repair Israel when the future seems so uncertain? Orly will join us from Jerusalem on Zoom and you can join the evening on Zoom or in person at EHRs with Rabbi Mark.



SUNDAY 22 SEPTEMBER

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# Yom HaZikaron & Yom HaAtzmaut



This year we commemorated Yom HaZikaron, the day to remember Israel's fallen soldiers and victims of terrorism, with a Tekes (ceremony) of remembrance with Rabbi Mark and Yoav Oved. We then celebrated Yom HaAtzmaut, Israel's 76th Independence Day, with a very special Stonegrove Serenade welcoming Yoav Oved and guitarist Eyal Pik, who led musicians in a special concert celebrating the diversity of Israel. We were also joined by Hannah Weissfeld, director of Yachad, for a conversation on Israel & Zionism. The evening was rounded off with Israeli dancing.



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